

# Little Falls Health Services

## *Social Accountability Statement*

Little Falls Health Services (LFHS) does business as Little Falls Care Center (LFCC - a 64 bed skilled nursing facility) and Bridgeway Estates (BWE - a 42 apartment assisted living building). Little Falls is a small rural central Minnesota community located on the Mississippi River. Employees, families, volunteers and visitors are able to participate in the many recreational and social activities within the company which helps maintain our residents' and tenants' integration in community activities.

We are blessed with a large group of community volunteers who has been a great source of encouragement, support, entertainment and community involvement. The organization has reciprocated by providing numerous means of involvement and community integration, making the community of Little Falls a better place to live and work.

*Our Mission:* We are committed to express *Christ's* message of love and hope by providing for health, residential, community, and allied services in a holistic, competent, and caring manner that recognizes the value and dignity in every human life.

St. Francis Health Services of Morris owns and operates Little Falls Health Services and is sponsored by the Catholic Diocese of St. Cloud. We are dedicated to promoting the Ethical and Religious Directive for Catholic Health Care services.

<i>Core Values:</i>	
<i>Integrity</i>	We faithfully adhere to high principles and professional standards.
<i>Commitment</i>	We dedicate ourselves to those we serve.
<i>Respect</i>	We value and treat each individual with compassion and dignity.
<i>Excellence</i>	We have the passion to do our best.
<i>Service</i>	We deliver what has not been done, before it is expected.
<i>Stewardship</i>	We wisely employ the talents, resources, and relationships entrusted to us.

### Promoting Economic Development

LFCC seeks to purchase locally whenever possible. Last year, the company purchased over \$198,000.00 in goods and services from local businesses. Following is a list of some of the area businesses from whom the company has purchased services or products:

- Andy's Charter Service
- Bob LeMieur Roll-offs
- Big Stone Therapy
- Business Machines Plus
- CHI – St Gabriel's
- CHI – Unity Hospice
- City of Little Falls
- Froggy's Signs
- General Rental Center
- Gull Lake Glass
- Handyman's, Inc.
- Hilmerson Sports Center
- Horizon Health Services
- Initiative Foundation
- LF Convention Bureau
- Little Falls Glass
- Midwest Machinery
- Morrison County Record
- Northway Oil
- Opatz Electric
- ProBuild

- Coborn's Ace Hardware
- Coborn's Pharmacy
- Design Electronics
- Morrison County
- Employment Enterprises
- Falls Floral
- Fanjoy Flooring
- Fortmann's Lock & Key
- Friends of Linden Hills, Inc.
- Kasella Concrete, Inc.
- Kingsway Cleaning Services
- Lee Schaffer Construction
- LF Taxi
- LF Chamber of Commerce
- Schaffer Construction
- Schneider's Lawn & Landscape
- Spectrum Marketing
- Tony's Restorative Services
- Tuxedo Taxi
- VFW Post 1112
- Walmart

We refer many clients and families to local health care businesses:

- Catholic Health Initiative, Little Falls
  - St Gabriel's Hospital
  - Family Medical Center
  - Unity Family Hospice
- Falls Court Dental, Little Falls
- Local Pharmacies:
  - Coborn's Pharmacy
  - Walgreen's Pharmacy
  - Wal-Mart Pharmacy
  - Thrifty White Drug
- St Cloud Hospital, St Cloud

LFHS employed about 51 full time equivalent employees (roughly 77 employees), with 90% living in the local area (Little Falls, Pierz, Brainerd, Rice, Royalton,).

Each year, LFHS pays over \$1.7 million in wages and benefits to staff members who work for our organization.

### Providing Quality Care and Services for Older Adults

Little Falls Health Services consists of a 64 bed skilled nursing facility and a 42 unit Independent/Assisted Living Center. The facility provides medical, social, and spiritual care to its residents without regard to race, color, creed, or national origin, in furtherance of the organization's exempt status. During the current reporting year, the organization had 25,543 resident days and provided services to more than 116 residents in the Nursing Home and provided housing for more than 51 tenants at the Independent/Assisted Living and Memory Care Centers.

Both LFCC and BWE have a solid, reputable activity program welcomes the public. Our extensive volunteer group is part of this wonderful program.

- Weekly Bingo (at least 2x)
- Reminisce Groups
- Baking/Cooking
- Daily Exercise
- Intergenerational Happy Hour
- Trivia and Memory Groups
- Card Playing
- Movies
- Popcorn Parties & Events
- Catholic Mass
- Rosary Groups
- Protestant Services
- Hymn Sings & Bible Studies
- Music Programs
- Sing-a-longs
- Monthly bands & musicians
- Manicures
- Pet visits

- Outings to the local area
- Dine Ins

**Recognizing Spiritual Needs and Individuality**

Upon admission, residents are assessed for their spiritual needs and our mission is to accommodate these needs. Our Care Center is visited and supported loyally by many members of the community churches, as follows:

- Little Falls Tri-Parish
- Zion Lutheran
- Bethel Lutheran Cushing
- First United Methodist
- First Lutheran
- Faith Lutheran
- Grace Covenant Church
- Little Falls Faith Lutheran
- Little Falls Alliance Church
- Living Hope Assembly of God
- Randall Presbyterian
- Randall St Peter’s Lutheran
- St. Joseph Catholic Church
- St. John’s Lutheran Church
- Swanville St. Peter's Lutheran

We also offer spiritual activities many days each week. They include, but are not limited to the following:

- Catholic Mass
- Protestant Services
- Rosary Groups
- Hymn Sings & Bible Studies

**Providing Access to Educational Opportunities**

In 2017, LFCC awarded scholarships to employees to further their education, primarily to those to become a Certified Nursing Assistant (CNA) and Registered Nurse (RN’s). Individuals who acquire their CNA certificates are eligible for full reimbursement including tuition and cost of books.

LFHS encourages employees and others community youth to consider careers in senior services. The company opens its doors to Lions groups, for piano recitals, elementary school visits, ECFE classes and pen pals.

Employees of LFCC have the opportunity to attend training and education to enhance or further their skills. This training is offered both on-line and through one-on-one interactions.

**Helping Community Members in Need**

LFHS has a solid foundation in the local community to supports its members. LFCC and BWE have a large number of visitors on any given day, including intergenerational and those with developmental disabilities. In 2018 we have partnered with Productive Alternative and EEI to hire employees as support aides in our organization.

**Serving as Active Community Members**

LFCC employees are active members of their community, participating in area churches, school events and fraternal and social groups. In the past year, LFCC has sponsored various events

through the Senior Center, Lakes Area Chamber of Commerce and other community events. Many of the staff and residents/tenants are involved in community organizations such as Lions, Rotary Club, Gideon's, American Legion, Alzheimer's Walk, Locks of Love, etc.

**Volunteerism**

Each and every year, countless volunteers donate endless hours to our residents here at LFCC. These priceless volunteers assist with activities, special events, outings, projects and 1-1 interaction with the residents. In a typical year we amass over 4000 hours of volunteer support. The following is a list of activities provided by our dedicated group of volunteers:

- Community Work Service
- Manicures
- Pet Therapy Visits
- Rosary/Catholic Mass
- Protestant Services
- Crafts
- Women's Tea
- Special Music programs
- Church
- One to one visits
- Hymnal Singers
- Happy Hour
- Active Games
- Popcorn Social
- Purple Hat Society
- Bingo-2x weekly

Volunteers are also generous participants on our fundraising projects. The Volunteer Committee meets each month to plan, implement and disburse funds from two major fund raising events; a fall basket sale and a spring plant, basket and bake sale. Funds raised are used to support and encourage each resident or tenant. Especially enjoyed are individualized Christmas and birthday presents and large resident items like the newly installed outdoor courtyard etc.

<b>For More Information</b>		
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